

BEES planning tool for _____

Behavior that you want to change:

Executive function that impacts the task:

What is in the Environment already that supports the change you want to see?

| Strategy | What do you need to do this? | Who do you need to bring on board? | How will you monitor progress? | Possible indicator of not working |
|----------|------------------------------|------------------------------------|--------------------------------|-----------------------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Once you have identified strategies, prioritize which you will try first. Set a date to start and a check-in point to monitor if it is working or if you need to adapt your plan.