EXECUTIVE FUNCTION SKILLS

How to support them in the classrom

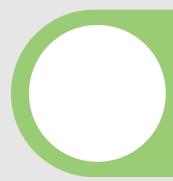## WAYS TO INCLUDE EXECUTIVE FUNCTION SKILLS IN THE DAY

PROVIDE VISUAL SUPPORTS
- Give visual examples of a finished product
- Color coded behavior expectations
- Daily schedule where everyone can see it
- Lessons all listed in one spot

TALK ABOUT TIME
- Break large assignments down by time
- Estimate time during lessons
- Use visual timer to check elapsed time

SELF TALK/ INNER VOICE
- Use self talk to model problem solving
- Have students verbally explain how they got an answer
- Rehears expectations

USE IMAGERY
- Include fun visualization activities in the day
- Take a "done" picture so students know what they need to look like
- Have students draw out what they are doing

CREATE A PLAN
- Put together a plan to fade supports
- Use checklists
- Set clear expectations with visual/written steps

ORGANIZATION FOR EVERYDAY
- Use color coding
- Have clearly marked locations for items
- Let student's create their own organization systems

USE TECHNOLOGY PURPOSEFULLY
- Put technology away when it is not in use
- Use technology to support learning
  - text-to-speech/ audiobooks
  - reminders
  - reducing distractions from screen

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